

Important Government and Community Contacts

The following phone numbers may be useful during or after a disaster. Please complete the blank sections based on your address and post in your parish office.

NYC Agencies and Services (non-emergency)	311
Poison Control (24 hours)	(800) 222-1222 or 911
Gas Emergency	(800) 233-5325 or 911
Electrical Emergency	(800) 752-6633 or 911
Local NYPD Precinct and Phone Number	_____ _____ () - _____
Hurricane Evacuation Zone (maps.nyc.gov/hurricane)	_____
Nearest Evacuation Center Address (maps.nyc.gov/hurricane)	_____
Nearest Cooling Center Address (maps.nyc.gov/oem/cc)	_____
NYC Emergency Management (NYCEM)	311
Nearest Hospital Address and Phone Number	_____ _____ () - _____
LIFENET Mental Health Services	(800) 543-3638
Nearest Car Service	() - _____

Help parishioners prepare for an Emergency

Go Bags and Emergency Supply Kits (From NYC Emergency Management)

Go Bags

Everyone in your household should have a Go Bag — a collection of things you would want if you have to leave in a hurry. Your Go Bag should be sturdy and easy to carry, like a backpack or a small suitcase on wheels. You'll need to customize your Go Bag for your personal needs, but some of the important things you need in your Go Bag include:

- Copies of your important documents in a waterproof and portable container (insurance cards, birth certificates, deeds, photo IDs, proof of address, etc.)
- Extra set of car and house keys
- Copies of credit/ATM cards
- Cash (in small bills)
- Bottled water and nonperishable food, such as energy or granola bars
- Flashlight (Note: Traditional flashlight bulbs have limited lifespans. Light Emitting Diode (LED) flashlights, however, are more durable and last up to 10 times longer than traditional bulbs.)
- Battery-operated AM/FM radio
- Extra batteries/chargers
- A list of the medications each member of your household takes, why they take them, and their dosages. If you store extra medication in your Go Bag, be sure to refill it before it expires. [Get prescription preparedness tips from the NYC Department of Health & Mental Hygiene](#)
- First-aid kit
- Toiletries
- Notepad and pen
- Contact and meeting place information for your household, and a small regional map
- Lightweight raingear and Mylar blanket
- If you have children, pack child care supplies as well as games and small toys.
- If you're older or have any special medical needs, consider including these items:
- Instructions and extra batteries for any devices you use
- Aerosol tire repair kits and/or tire inflator to repair flat wheelchair or scooter tires
- Back-up medical equipment
- Items to comfort you in a stressful situation

If you have a pet, you need to pack a Go Bag for them:

- A current color photograph of you and your pet together (in case you are separated)
- Copies of medical records that indicate dates of vaccinations and a list of medications your pet takes and why he or she takes them
- Proof of identification and ownership, including copies of registration information, adoption papers, proof of purchase, and microchip information
- Physical description of your pet, including species, breed, age, sex, color, distinguishing traits, and any other vital information about characteristics and behavior

- Animal first aid kit, including flea and tick treatment and other items recommended by your veterinarian
- Food and water for at least three days
- Food and water dishes
- Collapsible cage or carrier
- Muzzle* and sturdy leash (*Note: Nylon muzzles should only be used temporarily as they can restrict a dog's ability to pant)
- Cotton sheet to place over the carrier to help keep your pet calm
- Comforting toys or treats
- Litter, litter pan, and litter scoop
- Plastic bags for clean-up

Emergency Supply Kit

Keep enough supplies in your home to survive on your own, or shelter in place, for up to seven days. If possible, keep these materials in an easily accessible, separate container or special cupboard. You should indicate to your household members that these supplies are for emergencies only. Check expiration dates of food and update your kits when you change your clock during daylight saving times.

- One gallon of drinking water per person per day
- Nonperishable, ready-to-eat canned foods and manual can opener
- First-aid kit
- Flashlight (Note: Traditional flashlight bulbs have limited lifespans. Light Emitting Diode (LED) flashlights, however, are more durable and last up to 10 times longer than traditional bulbs.)
- Battery-operated AM/FM radio and extra batteries (you can also buy wind-up radios that do not require batteries)
- Whistle
- Iodine tablets or one quart of unscented bleach (for disinfecting water ONLY if directed to do so by health officials) and eyedropper (for adding bleach to water)
- Personal hygiene items: soap, feminine hygiene products, toothbrush and toothpaste, etc.
- Phone that does not rely on electricity
- Child care supplies or other special care items

Car Emergency Regardless of the season, it's a good idea to prepare for an in-car emergency.

Assemble an emergency supply kit for your vehicle, and consider adding the following items for winter conditions:

- Blankets, sleeping bags, extra newspapers for insulation
- Plastic bags (for sanitation)
- Extra mittens, socks, scarves and hat, raingear and extra clothes
- Sack of sand or kitty litter for gaining traction under wheels, small shovel
- Set of tire chains or traction mats
- Working jack and lug wrench, spare tire
- Windshield scraper, broom
- Small tools (pliers, wrench, screwdriver)
- Booster cables
- Brightly colored cloth to use as a flag, flares or reflective triangles

For Emergency Communication

Emergency Notification Resources

Notify NYC

New York City has created a dedicated emergency notification office operating out of NYC Emergency Management (NYCEM). Notify NYC staff work in NYCEM Watch Command, where they constantly monitor emergency activity in New York City and the metro area. The goal of Notify NYC is to provide the information you want to receive, the way you want to receive it. Registration offers five notification types:

- **Emergency Alerts** – messages about life-threatening events that may require immediate action. All registrants are automatically added to this list.
- **Significant Event Notifications** – important information about emergency events, utility outages, public transit delays, and other types of high-impact events in your area code.
- **Public Health Notifications** – information about important public health issues in your community.
- **Public School Closing/Delay Advisories** – updates about unscheduled public school closings, delays, and early dismissals.
- **Unscheduled Parking Rules Suspensions** – updates about unscheduled suspensions of citywide parking rules.

To sign up for Notify NYC, visit www.nyc.gov/notifynyc or call 311.

HOW (House of Worship) Alert

The NYC Dept. of Health and Mental Hygiene's Office of Emergency Preparedness and Response has partnered with New York Disaster Interfaith Services to create HOWalert. This is a free emergency notification system for NYC clergy/religious leaders and communications "decision makers" from NYC congregations, religious bodies/networks and nonprofits.

During a future emergency, this free "risk communication" system will send registrants emails, texts, or voice messages with urgent information about threats posed to New York City.

To sign up for HOWalert, visit www.howalert.org/signup or call (212) 669-6100.